

Lent 2

Sunday, March 1, 2026



Lent is defined as the period of 40 days that Christians observe from Ash Wednesday to Easter. It is often marked with giving up something one really likes. It is a time of reflection, rest, penitence, and preparation before the celebrations of Easter. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert of 40 days. Let us as ponder these things in our hearts.

Our Vision

To live as Christ would have us live, in love, with compassion and seeking justice, by sharing God's grace, learning from scripture, growing through the Spirit and being transformed by faith.

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details on our website.

FIND YOUR PLACE

WASHROOMS: A wheelchair-accessible and gender-neutral bathroom is located in the hallway North of the lower auditorium. It can be accessed by the elevator near the office or any of the stairways and is available to all 24 / 7. The Childcare and Nursery have full and exclusive use of the washrooms in the lower hallway Monday to Friday 7:00 AM to 6:00 PM. The use of the lower Narthex washrooms is for church use 24 / 7 plus the lower hallway washrooms may be used by all on evenings and weekends when the childcare and nursery are closed.

Bible Study is on Wednesdays at 9:30am in the lounge. This week, we will be studying John 3:1-17 . All are welcome!

St. Andrew's AGM is today after service. Lunch is provided. The annual reports are at the back of the church.

Sunday Recital Series:

The St. Andrew's River Heights Choir invites you to join us for a recital on Sunday, March 8th at 12pm in the sanctuary. Come and hear Suzanne Reimer and Loralie Friesen present an afternoon of Mozart! Free admission, with donations gratefully accepted. Tax receipts will be available, and all proceeds benefit the music program at St. Andrew's.

Make sure to subscribe to our weekly eblast to know what is happening in the Church community!

<https://standrewsriverheights.com/news-4/newsletter/>



OUR LAND - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

Lent 2

GATHERING MUSIC: *Lord Jesus Christ, be present now* arr. G. P. Telemann
Andante (from Second Violin Sonata) J. S. Bach

WELCOME & WORK OF THE CHURCH

CENTERING WORDS

INVITATION TO WORSHIP: *The Minister's Annual Manual, 2004-2005, pg. 270. adapted.*

We come to give thanks to God,

Who is in our midst on our Lenten journey of faith.

We come to give praise to God.

Who nourishes us with living water.

We come to worship our God.

HYMN: **VU626** *I Heard the Voice of Jesus*

LENTEN CANDLE LITURGY: CANDLE OF PEACE

VU108 *Throughout These Lenten Days and Nights vs. 1*

♪ **Throughout these Lenten days and nights**

we turn to walk the inward way,

where, meeting Christ our, guide and light,

we live in hope till Easter Day. ♪

PRAYER

CHILDREN'S TIME

HYMN: **VU113** *To the Desert Jesus Came*

PRAYER OF CONFESSION: *The Abingdon Worship Annual, 2026, ed., by Mary Scrifes & B.J. Beu, pg. 52*

Wellspring of salvation, quench our thirst this day.

When our souls are parched,

we long to taste the healing waters of your grace.

When our spirits are as dry as desert sands,

we yearn to find renewal in the well of your mercy and your love.

Show us in your living water that we may be washed clean in the river of your forgiveness and your grace. Amen.

WORDS OF ASSURANCE

ANTHEM: *A New Creed* (United Church of Canada, text; Jeff Enns, music)

We are not alone, we live in God's world.

We believe in God:

Who has created and is creating,

Who has come in Jesus, the word

made flesh,

To reconcile and make new,

Who works in us and others by the Spirit.

We trust in God.

We are called to be the Church:

To celebrate God's presence,

To live with respect in Creation,

5
Send your peace on our world, God, you, the cre-a - tor of peace.

Our _ hearts fill with peace, God. You are the source of heal-ing peace.

Then Let Us Sing #135
Words and music: traditional Palestinian and Lebanese; English translation: Terry MacArthur

To love and serve others,
To seek justice and resist evil,
To proclaim Jesus, crucified and risen,
Our judge and our hope.

In life, in death, in life beyond death,
God is with us.
We are not alone.
Thanks be to God.

SCRIPTURE READING: Exodus 17:1-7
This is the word of the Lord. **Thanks be to God**

MONOLOGUE: THE WOMAN AT THE WELL-
Based on John 4:5-42

HYMN: **MV117** *By the Well, a Thirsty Woman* vs. 1

SERMON

HYMN: **MV117** *By the Well, a Thirsty Woman*

PRAYERS OF THE PEOPLE:
Living God, you satisfy thirst.
♪ **Send your peace on our world, God, you, the creator of peace. Our hearts fill with peace, God. You are the source of healing peace.** ♪

THE PRAYER OF JESUS: **VU916** *A Translation*
Our Father-Mother, who is in the heavens, May your name be made holy, May your dominion come, May your will be done, On Earth as it is in heaven.

**Give us today the bread we need;
And forgive us our debts,
As we have forgiven our debtors;
And do not put us to the test,
But rescue us from evil.**

**For yours is the dominion, and the power,
And the glory forever. Amen.**

OFFERING/OFFERTORY:

Andante Cantabile (from String Quartet) Joseph Haydn

OFFERTORY PRAYER

BLESSING

BENEDICTION: **VU108** *Throughout These Lenten Days and Nights* vs. 5

♪ **So let us choose the path of One who wore, for us, the crown of thorn, and slept in death that we might wake to life on Resurrection Morn!** ♪

POSTLUDE: *Toccata in C minor* Johann Walther
Ann Marie Bakkelund, organ

Music note

Our anthem this morning is by Southwestern Ontarian composer Jeff Enns. Jeff is currently the organist and music director at St. George's Anglican Church in Guelph, Ontario. He was the composer-in-residence for the Canadian Chamber Choir for a number of years and is still an active composer for choirs throughout Canada. First United Church in Waterloo, Ontario, commissioned this setting of "A New Creed" in 2010 to celebrate the retirement of Rev. Richard W. Hawley.

Announcements

Sunday, March 15th is PIE Day! PIE is Public, Intentional and Explicit in our sharing of our being an Affirming Ministry of the United Church of Canada. Our service will reflect this and then after church, we will eat PIE! If anyone is willing to bring a pie for that Sunday, please sign up at the back of the church.

Outreach Speaker Series on Sunday, March 22nd, 9am-9:45am in the lounge. Join us to hear Jackie Bouvier speak of the work that they do at Jocelyn House Hospice. There will be muffins and coffee/tea. Bring a friend! You are welcome to bring in cards that Jocelyn House can use to write a "welcome card" to a new resident, wishing them well in their final new home.

ST. ANDREW'S CONTACT LIST

Our heartfelt thanks go out to everyone who helped with today's service—we couldn't have pulled it off without you.

Thank you to our singers, and our scripture reader. Thank you to Ann Marie Bakkelund for playing the organ.

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
Choir Director	Katy Harmer	music@standrewsriverheights.com
Organist	Wes Elias	weselias.mail@gmail.com
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Council Chair	Rob Siddall	rgs123@mymts.net
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Charlotte Lindsay	office@standrewsriverheights.com

Memorial Flowers: What is the Memorial Flowers Fund? Every year during Lent, St. Andrew's raises money for the St. Andrew's Flower Fund in memory of loved ones. Donations can be made in amounts of your choosing and you can name as many people as you wish. All loved ones named will be listed in an 'In Memoriam' section in our order of service on Easter Sunday. This fund is used to purchase flowers/plants to decorate the church during special times of the year. If you would like your 'In Memoriam' to be included in the Easter Sunday bulletin, please forward the form and your donation to the church office **no later than Monday, March 30th, 2026**. Any donation to the Memorial Flowers Fund will be included in your yearly income tax receipt. Forms can be found on our website or in the narthex.

Walks on Tuesdays with Westworth continue every week at 1pm. If you would like to be informed about the routes of these walks and would like to have your email provided to the organizers, please let the church office know.

The 2035 Document is online @ <https://united-church.ca/toward2035> and some copies are at the back of the church for you to pick up if you prefer a paper copy.

Coming Up...

SUNDAY, MARCH 1

AGM @ 11:30am

Rental—Erica Schultz (sanctuary) @ 4pm

Rental—Mikhail Pokhanovski (sanctuary) @ 7:30pm

MONDAY, MARCH 2

Scouts (auditorium) @ 6pm
Rental—AFG (lounge) @ 7pm

TUESDAY, MARCH 3

P&A meeting (board room) @ 7:30pm

WEDNESDAY, MARCH 4

Bible study (lounge) @ 9:30am

Rental—River City Sound

(auditorium) @ 5:15pm

Rental—Joy Cooper (lounge) @ 6pm

THURSDAY, MARCH 5

David book club (lounge) @ 10am

Handbell choir practice (lounge) @

6pm

Choir practice (sanctuary) @ 7:30pm

SUNDAY, MARCH 8

Sunday Recital Series @ 12pm

Rental—Winnipeg Sonora Voices

(sanctuary) @ 1pm

MONDAY, MARCH 9

Scouts (auditorium) @ 6pm

Rental—AFG (lounge) @ 7pm

TUESDAY, MARCH 10

ABC (lounge) @ 1pm

WEDNESDAY, MARCH 11

Bible study (lounge) @ 9:30am

Rental—River City Sound

(auditorium) @ 5:15pm

Rental—Joy Cooper (lounge) @ 6pm

THURSDAY, MARCH 12

Handbell choir practice (lounge) @

6pm

Choir practice (sanctuary) @ 7:30pm

SATURDAY, MARCH 14

Rental—River City Sound

(auditorium) @ 9am

SUNDAY, MARCH 15

PIE Day

YOUR GIFTS MATTER.

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Pre-authorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, through E-transfer by contacting Bill Craddock, our Treasurer at 204-488-1130 just leave a message on the phone and Bill will return it, or can be dropped off at any time through the church office.

Check out our website for more information and forms. The church is very grateful for any and all donations. Thank you so much.

MONDAY, MARCH 16

Scouts (auditorium) @ 6pm

Rental—AFG (lounge) @ 7pm

TUESDAY, MARCH 17

Council meeting (board room) @ 7:30pm

WEDNESDAY, MARCH 18

Bible study (lounge) @ 9:30am

Rental—River City Sound

(auditorium) @ 5:15pm

Rental—Joy Cooper (lounge) @ 6pm

THURSDAY, MARCH 19

Handbell choir practice (lounge) @

6pm

Choir practice (sanctuary) @ 7:30pm

FRIDAY, MARCH 20

Rental—ReSound (sanctuary) @ 6pm

SATURDAY, MARCH 21

Rental—Winnipeg Music Festival

(sanctuary) @ 1pm

SUNDAY, MARCH 22

