



Sunday, September 17, 2023



As we begin our new church year together, we are reminded that it is 28 Days to Thanksgiving. This year we are going to be "Offering Gratitude" each Sunday for five weeks. Last week we reflected on Gratitude for Creation. This week our theme is Gratitude for food. Come and be a part of our journey together this fall. GRATITUDE!

Our Vision

To live as Christ would have us live,
in love, with compassion and seeking justice,
by sharing God's grace,
learning from scripture,
growing through the Spirit and being transformed by faith.

WASHROOMS: Wheelchair accessible and gender neutral bathrooms are located outside the lower auditorium. They can be accessed by the stairs in the Narthex or the elevator outside the church office.

FIND YOUR PLACE

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details found on our website at <http://standrewsriverheights.com/life-work/church-groups/>.

ANNA BLAIR CIRCLE: Monthly functions that are social in nature and promote fellowship and camaraderie.

BIBLE STUDY: We meet Tuesday mornings at 9:30am in the Lounge. Drop in anytime!
Contact klumley@standrewsriverheights.com

BOOK CLUB: We are a group of book lovers who meet Wednesday afternoons, every 5-7 weeks. Anyone is welcome! *Ruth* - mckenzieqrst@shaw.ca

OUTREACH: Social justice in our community and beyond. We meet on an 'as needs basis'.

PRAYER/BAPTISM SHAWLS: Do you love to knit? If so, we could use your talents.

SUNDAY SCHOOL: Teachers are always needed.
Contact Jan Demeduk to volunteer at
j.demeduk@hotmail.com

ST. ANDREW'S MUSIC: Love to sing? Our senior choir meets Thursday evenings and welcomes new members!
Choir Director—music@standrewsriverheights.com

VOLUNTEERS NEEDED: We are always looking for volunteers to help out with events, fundraising, outreach, Sunday morning coffee & tea. If you are interested, email the church office at office@standrewsriverheights.com.



OUR LAND - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

Order of Service

Resources from 2020 The United Church of Canada

GATHERING: *Preludes on hymn tunes - KREMSER and HOLY MANNA* - Dale Wood

WELCOME:

God be with you, **and also with you.**

Let us greet one another in the name of our Triune God.

Source of Life, Gift of Love, Teacher of Wisdom.

ACKNOWLEDGING THE TRADITIONAL TERRITORY

LIGHTING OF THE CHRIST CANDLE

We light this candle as a symbolic action to recognize God's presence.

In every moment, especially the moment of sharing food, Christ's light shines. Alleluia!

HYMN: **VU227** *For the Fruit of All Creation*

ANNOUNCEMENTS

OPENING PRAYER

HYMN: **VU355** *For the Crowd of Thousands*

CHILDREN'S TIME

PRAYER OF CONFESSION:

God of food,

Day by day, we are blessed with your generosity.

Thanks to your generosity, we have not gone hungry.

Thanks to your care, we have been comforted and nurtured.

Yet, we have not always shared your generosity with others.

Sometimes we are selfish, and we abandon those who are in need.

Sometimes we are greedy, and we accumulate wealth without sharing it.

Forgive us O God and help us to see our wrongdoings and confess them.

WORDS OF ASSURANCE

SOLO: Fred Cross - *Thanks Be To God*, Text adapted from the Bible by Carl Fredrickson, Music by Christoph von Gluck
Thanks be to God for all His blessings;

O thanks to God for His great love.

Peace be to them who walk in the Spirit;

O peace be to them who live in Christ.

Thanks be to God for the blessed gift of His Son.

Christ overcame death and the grave.

Thanks be to God, to God who gives the victory;

Thanks be to God for His beloved Son.

Thanks be to God, Oh thanks be to God.

SCRIPTURE READINGS: Read by Diane Bewell

Hebrew scripture reading: Exodus 16:13-21

Gospel reading: Mk.6:34-44

This is the Word of the Lord. **Thanks be to God**

ANTHEM: *Honey in the Rock* (Wong, Lake, Liger-twood, arr. Duren)

There's honey in the rock, water in the stone,

Manna on the ground, no matter where I go;

I don't need to worry now that I know,

Everything I need, You've got;

There's honey in the rock.

Prayin' for a miracle, thirsty for the living well;

Only You can satisfy.

Sweetness at the mercy seat;

Now I've tasted, it's not hard to see

Only You can satisfy.

Freedom where the Spirit is, bounty in the wilderness,

You will always satisfy.

There's honey in the rock, purpose in Your plan,

Power in the word, healing in Your hands;

Started flowin' when You said it is done,

Everything You did's enough.

I keep lookin', I keep findin',

You keep givin', keep providin';

I have all that I need, You are all that I need.

I keep prayin', You keep movin',

I keep praisin', You keep provin';

I have all that I need, You are all that I need.

There's honey in the rock, water in the stone,

Manna on the ground, no matter where I go;

I don't need to worry now that I know,

Everything I need, You've got.

There's honey in the rock, purpose in Your plan,

Power in the word, healing in Your hands;

Started flowin' when You said it is done,

Jesus, who You are is enough.

There's honey in the rock.

O how sweet it is to trust in you, Jesus.

SERMON

HYMN: **VU460** *All Who Hunger*

PRAYERS OF THE PEOPLE:

We are grateful for the gift of food.

Sung response: **VU810** *Psalm 92 refrain*

**It is good to sing your praises
and to thank you, O Most High.**

THE LORD'S PRAYER

OFFERING/OFFERTORY: **MV136** *When Hands Reach Out and Fingers Trace vs. 5*

**Your Spirit gives us differing ways
to serve you well and offer praise.
When all are joined as one, we'll be
your able, strong community.**

BLESSING

BENEDICTION: **VU481** *Sent Forth by God's Blessing vs. 2 shortened*

**With praise and thanksgiving
to God ever living,
the tasks of our everyday
life we will face.**

**Then may all the living
with praise and thanksgiving
give honour to Christ
and the name that we bear.**

POSTLUDE: *Lord God, We All Give Praise to Thee* setting by Johann Pachelbel

Announcements

Thank you to everyone who helped with Celebration Sunday. The Fellowship Group (Kay Shawcross, Bill & Marilyn Muir, Heather Mian, Laura and Abigail Regier, Sandy Walker, Roberta Popoff, Marion Kozak and others who popped in and out), Property (John Swan & Gord Shawcross). Sound (Tyler Craddock) and Camera (Fred Cross). Christian Education (Jan & Evan Demeduk). CeCe our caretaker and others who jumped in to help. John Swan who returned the signs to the city. Worship (Ruth McKenzie) and Wes Elias and Katy Harmer on the keyboard and leading us in our singing.

Sign-up sheets for Sunday School. Registration forms are available in the narthex. There are classes for the nursery (ages 5 and under), and primary grades (grades 1-6). Jen Parks will be teaching the primary grades and Evan Demeduk will be in the nursery. Classes for youth (ages 12 and up) begin September 24th.

ST. ANDREW'S CONTACT LIST

Our heartfelt thanks go out to everyone who helped with today's service—we couldn't have pulled it off without you!

A thank you to our singers, soloist, Fred Cross and our scripture reader, Diane Bewell. Thank you to Linda Fearn for playing the organ today.

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
Choir Director	Katy Harmer	music@standrewsriverheights.com
Organist	Wes Elias	weselias@mymts.net
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Council Chair	Rob Siddall	rgs123@mymts.net
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Charlotte Lindsay	office@standrewsriverheights.com

More Announcements

Confirmation Classes for youth! Youth ages 12 and up who are interested in attending Confirmation Classes sometime this year, please let the office or Rev. Karen Lumley know. Classes will be for five weeks for an hour or so and would be interesting, fun, informative and possibly after church or another time that works for the participants. Send me an email at klumley@standrewsriverheights.com

Adults who are interested in membership classes or understanding the Church, email Rev. Karen Lumley at klumley@standrewsriverheights.com

The Book Club group is resuming meetings following a summer break. We will be discussing various books the members have read over the summer. We are a casual group and would welcome new readers. To avoid overstocking our home libraries, we make use of the Winnipeg Public Library Book Club Kits which have enough books for each of us. Our meetings are on Wednesdays at 1:30, in the church lounge. Our September meeting will be on Wednesday the 27th. For more information, leave a message for Ruth at 204-489-1537 or you are welcome to come to the meeting.

Messy Church was a family event, usually on Saturday evenings, when families came together for food, fun, story time and time to be together as parents. If families are interested in this program again and would attend, contact Rev. Karen Lumley klumley@standrewsriverheights.com

Bible Study begins Tuesday, October 3rd at 9:30 a.m. More details to come.

Remember in prayer Carol Holland who is in Misericordia Hospital Room 621 on the 6th floor.

Actors (people who will act out, no words, the Biblical story of Jesus being anointed with oil from John 12:1-8) for Sunday service, September 24th. If you are willing to be Mary, Martha, Lazarus, Jesus, or Judas please contact Rev. Karen Lumley klumley@standrewsriverheights.com.

Got any loose change? The Coin Canister is at the back of the church. Drop-in spare coins for Oak Table-1JustCity for their needs for food for their breakfast program.

Scripture Readings for next week:

Exodus 35:10-15

*John 12:1-8

James 5:14-16

Please write your name on the list in the narthex if you are attending the outreach speaker event, as we need to know how much lunch to order! You can also email the church office and Charlotte can add your name to the list!

YOUR GIFTS MATTER.

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Pre-authorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, through E-transfer by contacting Bill Craddock our Treasurer at 204-488-1130 just leave a message on the phone and Bill will return it, or can be dropped off at any time through the church office.

Check out our website for more information and forms. The church is very grateful for any and all donations. Thank you so much.



In a generous act of hospitality, God invites us into ministry. How shall we then respond?

THE OUTREACH GROUP INVITES YOU TO JOIN US ON SEPTEMBER 24TH AFTER CHURCH

A CASUAL LUNCH
WITH SANDWICHES FROM
FEAST CAFE AND BISTRO,
AN INDIGENOUS-OWNED
AND OPERATED
RESTAURANT



FOLLOWED BY THE
PRESENTATION WITH
JOHN MCKAY, WHO IS
THE INDIGENOUS
CULTURAL PROGRAM
LEAD AND ELDER MIKE
MONIAS FROM 1JUSTCITY.
HE WILL BE PRESENTING
THE 7 TEACHINGS OF
INDIGENOUS CULTURE
AND OUR COLLECTIVE
JOURNEY TO
RECONCILIATION.

"YOUR CONGREGATION WILL EXPERIENCE SOMETHING SO IMPORTANT AND LOVING REGARDING THESE PRESENTATIONS. YOU WILL HEAR AND WITNESS SO MANY NEW WAYS TO VIEW RECONCILIATION AND WHY WE ALL NEED TO UNDERSTAND IN A GOOD WAY."

 St. Andrew's River Heights United Church, Auditorium
255 Oak st.

This date was selected as
a lead-up to the National
Day for Truth and
Reconciliation on
September 30, 2023



St. Andrew's River Heights United Church | 255 Oak Street, Winnipeg, MB R3M 3P7 | Sunday Services @ 10:30am
Phone: 204-488-1130 ~ Fax: 204-488-1132 | Rev. Karen Lumley Cell: 204-250-5073 Email: klumley@standrewsriverheights.com
Office Email: office@standrewsriverheights.com | Website: www.standrewsriverheights.com
Office Hours: Monday to Friday from 9:00am to 3:00pm | Follow us on Facebook, Twitter and Instagram!