



# CREATION GROANS

**Sunday, July 23, 2023**



Summer is a time to be! A time to relax. A time to rest! A time to be with family and friends.

Summer is a time to celebrate! Weddings, friends, family and yes, even Church.

We are glad you chose to be here today or join us online. If you are from Westworth United Church, we are glad to be partnering with you again this summer. It is good to have services together. Actually, it is great! If you are visiting or new to River Heights feel free to come anytime! Come relaxed in shorts and a T-shirt. Be comfortable! Let's all connect! Let's all be together and just be!

## Our Vision

To live as Christ would have us live, in love, with compassion and seeking justice, by sharing God's grace, learning from scripture, growing through the Spirit and being transformed by faith.

**WASHROOMS:** Wheelchair accessible and gender neutral bathrooms are located outside the lower auditorium. They can be accessed by the stairs in the Narthex or the elevator outside the church office.

## FIND YOUR PLACE

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details found at <http://standrewsriverheights.com/life-work/church-groups/>.

**ANNA BLAIR CIRCLE:** Monthly functions that are social in nature and promote fellowship and camaraderie.

**BIBLE STUDY:** We meet Tuesday mornings at 9:30am in the Lounge. Drop in anytime! Contact [klumley@standrewsriverheights.com](mailto:klumley@standrewsriverheights.com)

**BOOK CLUB:** We are a group of book lovers who meet Wednesday afternoons, every 5-7 weeks. Anyone is welcome! [Ruth - mckenzieqrst@shaw.ca](mailto:Ruth-mckenzieqrst@shaw.ca)

**OUTREACH:** Social justice in our community and beyond. We meet on an 'as needs basis'.

**PRAYER/BAPTISM SHAWLS:** Do you love to knit? If so, we could use your talents.

**SUNDAY SCHOOL:** Teachers are always needed. Contact Jan Demeduk to volunteer at [j.demeduk@hotmail.com](mailto:j.demeduk@hotmail.com)

**ST. ANDREW'S MUSIC:** Love to sing? Our senior choir meets Thursday evenings and welcomes new members!   
*Choir Director—[music@standrewsriverheights.com](mailto:music@standrewsriverheights.com)*

**VOLUNTEERS NEEDED:** We are always looking for volunteers to help out with events, fundraising, outreach, Sunday morning coffee & tea. If you are interested, email the church office at [office@standrewsriverheights.com](mailto:office@standrewsriverheights.com).

**This summer, we will be partnering with Westworth United Church. Westworth will be joining us in July. We will join Westworth in August and for the long weekend in September.**

**We want to give a big warm welcome to Westworth!**



**OUR LAND** - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

## Order of Service

GATHERING: *Trio* Julius Reubke  
*Be Thou my Vision* (Slane) arr. Dale Wood

### WELCOME

LAND ACKNOWLEDGMENT: *Written by Peter Chynoweth, Cochrane, Alberta, Gathering Resources for Worship Planners, 2023*

**People have lived on this land for thousands upon thousands of years. This land on which we gather is the traditional land of the Anishinaabe, Cree, Ojibwe, Dakota peoples, Inuit and the Metis Nation. We worship the Creator on this land and acknowledge with respect the thousands of years of ceremony, and relationship that are etched in footprint, fire, and faithfulness on the soil and rock that sounds us.**

HYMN: **VU642** *Be Thou My Vision*

♪ **Be thou my vision, O joy of my heart;  
naught be all else to me save that thou art,  
thou my best thought, by day or by night,  
waking or sleeping thy presence my light.**

**Be thou my wisdom, my calm in all strife;  
I ever with thee, and thou in my life;  
thou loving parent, thy child may I be,  
thou in me dwelling, and I one with thee.**

**Be thou my battle shield, sword for the fight;  
be thou my dignity, thou my delight,  
thou my soul's shelter, thou my high tower;  
raise thou me heavenward, O power of my power.**

**Riches I heed not, nor vain empty praise,  
thou mine inheritance, now and always;  
thou and thou only, the first in my heart,  
great God of heaven, my treasure thou art.**

**Great God of heaven, after victory won,  
may I reach heaven's joys, O bright heaven's sun!  
Heart of my own heart, whatever befall,  
still be my vision, O rule of all. ♪**

### ANNOUNCEMENTS

INVITATION TO WORSHIP: *The Minister's Annual Manual 2004-2005*

From the farthest reaches of our separate lives, we gather.

**With our struggles and questions, our doubts and certainties,  
our joys and our sorrows.**

And even before we speak, or sing, or move, or sit in silence,

God is here - with us, for us.

**Let us worship God together.**

### LIGHTING THE CHRIST CANDLE

### OPENING PRAYER

HYMN: **VU307** *Touch the Earth Lightly*

♪ **Touch the earth lightly, use the earth gently,  
nourish the life of the world in our care:  
gift of great wonder, ours to surrender,  
trust for the children tomorrow will bear.**

**We who endanger, who create hunger,  
agents of death for all creatures that live,  
we who would foster clouds of disaster,  
God of our planet, forestall and forgive!**

**Let there be greening, birth from the burning,  
water that blesses and air that is sweet,  
health in God's garden, hope in God's children,  
regeneration that peace will complete.**

**God of all living, God of all loving,  
God of the seedling, the snow and the sun,  
teach us, deflect us, Christ reconnect us,  
using us gently and marking us one. ♪**

### CHILDREN'S TIME

PRAYER OF CONFESSION: *The Minister's Annual Manual 2004-2005*

God of all people and all creation, in you we find life and purpose for living.

**When we forget to whom we belong, turn back our hearts and minds to you and your ways.**

When we act in ways that harm and hurt, turn back our hearts and minds to you and your ways.

**When we speak with words that hurt others or wait for others to do the right thing, turn back our hearts and minds to you and your ways.**

Turn back our hearts and mind, O God, **that we might walk in new paths of love, peace and joy. Amen.**

### WORDS OF ASSURANCE

SOLO: Judy Oatway - *The Bird's Song*, by R. Vaughan Williams

The Lord is my shepherd: therefore, can I lack nothing.  
He maketh me to lie down in green pastures:  
he leadeth me beside the still waters. He restoreth my soul:

he leadeth me in the paths of righteousness for his name's sake.

Yea, though I walk through the valley of the shadow of death,

I will fear no evil: for thou art with me;  
thy rod and thy staff they comfort me.

Surely goodness and mercy shall follow me all the days of my life:

and I will dwell in the house of the Lord forever.

SCRIPTURE READING: Romans 8:12-25 read by Heather Robbins

**This is the Word of the Lord. Thanks be to God**

## SERMON

HYMN: **VU606** *In Christ There Is No East or West*  
♪ In Christ there is no east or west,  
in him no south of north,  
but one great family of love  
throughout the whole wide earth.

In him shall true hearts everywhere  
their high communion find;  
his service is the golden cord  
close binding humankind.

Join hands, then, people of the faith,  
whate'er your race may be;  
all children of the living God  
are surely kin to me.

In Christ now meet both east and west,  
in him meet south and north;  
all Christ-like souls are one in him  
throughout the whole wide earth. ♪

## MINUTE FOR MISSION

### PRAYERS OF THE PEOPLE:

Lord, hear our prayer.

Sung response: **VU949** *Grant to Us*  
**Grant to us, O God, a heart renewed;**  
**speak to us a fresh forgiving word.**

## THE LORD'S PRAYER

OFFERING/OFFERTORY: **VU542** *We Give You But Your Own*

**We give you but your own,**  
**whate'er the gift may be;**  
**all that we have is yours alone,**  
**we give it gratefully.**

## BLESSING

BENEDICTION: **VU374** *Come and Find the Quiet Centre* vs.3

**In the Spirit let us travel,**  
**open to each other's pain,**  
**let our loves and fears unravel,**  
**celebrate the space we gain:**  
**there's a place for deepest dreaming,**  
**there's a time for heart to care,**  
**in the Spirit's lively scheming**  
**there is always room to spare!**

## ST. ANDREW'S CONTACT LIST

POSTLUDE: *Sortie on 'Conditor alme Siderum'* (Creator of the stars of night) Alexandre Guilmant

## Announcements

**From August 1st to September 4th** Rev. Karen Lumley is on holiday. If you are in need of pastoral care, please contact Rev. Tricia Gerhard by phone or text at 431-294-3149, call Westworth at the church office 204-489-6974, or email at Westworth minister@westworth.ca

**Thank you to those who have signed up to** prepare refreshments for the 5 Sundays in July.

## Remember those in care facilities:

- Coralie Standing - Charleswood |Nursing Home 5501 Roblin Avenue Room #614B
- Omar Fraguera - The Poseidon 70 Poseidon Bay Room 227-2
- Carolyn Graham - The Rosewood 857 Wilkes Room Dogwood House Room #7
- Audrey Belyea, Marjorie Eckert, Joyce Rich, Phyllis Thompson and Doreen Adam - The Wellington, 3161 Grant Avenue

## During July, the office is open:

- Tuesdays 9am-12pm
- Wednesdays 9am-3pm
- Thursday 9am-3pm

**Got any loose change?** The Coin Canister is at the back of the church. Drop-in spare coins for Oak Table-1JustCity for their needs for food for their breakfast program.

## Scripture Readings for next week:

Genesis 29:15–28  
Psalm 105:1–11, 45b  
or Psalm 128  
1 Kings 3:5–12  
Psalm 119:129–136  
\*Romans 8:26–39  
Matthew 13:31–33, 44–52

Our heartfelt thanks go out to everyone who helped with today's service—we couldn't have pulled it off without you!

A thank you to our singers, soloist, and our scripture reader, .

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
Choir Director	Katy Harmer	music@standrewsriverheights.com
Organist	Wes Elias	weselias@mymts.net
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Council Chair	Rob Siddall	rgs123@mymts.net
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Charlotte Lindsay	office@standrewsriverheights.com



## Congratulations to Derek Morphy

for receiving the Manitoba Choral Association's Award for Artistic Excellence! This award is given by the Manitoba Choral Association (MCA) to recognize "outstanding artistic achievement, innovation, and significant leadership in choral music." As the St. Andrew's community knows well, Derek has been a pillar in Manitoba's choral world for many years, serving as a teacher, conductor, singer, advocate, and leader in so many capacities. You can read more about Derek, and the other recipients of the MCA's Awards of Distinction here: <https://www.mbchoralassociation.ca/post/mca-announces-2023-awards-of-distinction-recipients>

## Coming Up...

### SUNDAY, JULY 23

Worship @ 10:30am

*Rental—Charmaine Bacon (sanctuary) @ 6:30pm*

### MONDAY, JULY 24

*Rental—Joel Ledlow Summer Camp (auditorium) @ 9am*

*Rental—AFG (lounge) @ 7pm*

### TUESDAY, JULY 25

*Rental—Joel Ledlow Summer Camp (auditorium) @ 9am*

### WEDNESDAY, JULY 26

*Rental—Joel Ledlow Summer Camp (auditorium) @ 9am*

### THURSDAY, JULY 27

*Rental—Joel Ledlow Summer Camp (auditorium) @ 9am*

## YOUR GIFTS MATTER.

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Pre-authorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, through E-transfer by contacting Bill Craddock our Treasurer at 204-488-1130 just leave a message on the phone and Bill will return it, or can be dropped off at any time through the church office.

Check out our website for more information and forms. The church is very grateful for any and all donations. Thank you so much.




Stewardship  
Seconds

In a generous act of hospitality, God invites us into ministry. How shall we then respond?

WESTWORTH UNITED CHURCH  
INVITES YOU TO  
2023  
SUMMER VBS  
AUGUST 28-SEPTEMBER 1  
**GOD IS LOVE**  
REGISTER ONLINE VIA QR CODE:

Email [churchschool@westworth.ca](mailto:churchschool@westworth.ca) or call 204-489-6974 ext 20 with any questions  
Sunday School to follow in the fall  
1750 Grosvenor Ave

St. Andrew's River Heights United Church  
**CARNIVAL**  
Sunday September 10  
255 Oak St.  
Outdoor Service 10:30 am  
Carnival 11:00 am  
BBQ 11:30 am  
Games  
Bouncy  
Chips  
Hotdogs  
drinks  
Icecream Sundaes  
Come join in on the fun



St. Andrew's River Heights United Church | 255 Oak Street, Winnipeg, MB R3M 3P7 | Sunday Services @ 10:30am  
Phone: 204-488-1130 ~ Fax: 204-488-1132 | Rev. Karen Lumley Cell: 204-250-5073 Email: [klumley@standrewsriverheights.com](mailto:klumley@standrewsriverheights.com)  
Office Email: [office@standrewsriverheights.com](mailto:office@standrewsriverheights.com) | Website: [www.standrewsriverheights.com](http://www.standrewsriverheights.com)  
Office Hours: Monday to Friday from 9:00am to 3:00pm | Follow us on Facebook, Twitter and Instagram!