



Sunday, July 16, 2023



Summer is a time to be! A time to relax. A time to rest! A time to be with family and friends.

Summer is a time to celebrate! Weddings, friends, family and yes, even Church.

We are glad you chose to be here today or join us online. If you are from Westworth United Church, we are glad to be partnering with you again this summer. It is good to have services together. Actually, it is great! If you are visiting or new to River Heights feel free to come anytime! Come relaxed in shorts and a T-shirt. Be comfortable! Let's all connect! Let's all be together and just be!

Our Vision

To live as Christ would have us live, in love, with compassion and seeking justice, by sharing God's grace, learning from scripture, growing through the Spirit and being transformed by faith.

WASHROOMS: Wheelchair accessible and gender neutral bathrooms are located outside the lower auditorium. They can be accessed by the stairs in the Narthex or the elevator outside the church office.

FIND YOUR PLACE

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details found at <http://standrewsriverheights.com/life-work/church-groups/>.

ANNA BLAIR CIRCLE: Monthly functions that are social in nature and promote fellowship and camaraderie.

BIBLE STUDY: We meet Tuesday mornings at 9:30am in the Lounge. Drop in anytime! Contact klumley@standrewsriverheights.com

BOOK CLUB: We are a group of book lovers who meet Wednesday afternoons, every 5-7 weeks. Anyone is welcome! [Ruth - mckenzieqrst@shaw.ca](mailto:Ruth-mckenzieqrst@shaw.ca)

OUTREACH: Social justice in our community and beyond. We meet on an 'as needs basis'.

PRAYER/BAPTISM SHAWLS: Do you love to knit? If so, we could use your talents.

SUNDAY SCHOOL: Teachers are always needed. Contact Jan Demeduk to volunteer at j.demeduk@hotmail.com

ST. ANDREW'S MUSIC: Love to sing? Our senior choir meets Thursday evenings and welcomes new members!
Choir Director—music@standrewsriverheights.com

VOLUNTEERS NEEDED: We are always looking for volunteers to help out with events, fundraising, outreach, Sunday morning coffee & tea. If you are interested, email the church office at office@standrewsriverheights.com.

This summer, we will be partnering with Westworth United Church. Westworth will be joining us in July. We will join Westworth in August and for the long weekend in September.

We want to give a big warm welcome to Westworth!



OUR LAND - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

Order of Service

GATHERING: *Andante religioso* (Sonata #4) Felix Mendelssohn
Blessed Assurance arr. Robert Hobby

WELCOME

LAND ACKNOWLEDGMENT: *United Church Worship Resources 2023*

We begin this time of worship by acknowledging that we are meeting on the land of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. This land has been inhabited by Indigenous peoples from the beginning. We thank all the generations of Indigenous peoples who have taken care of this land and been its stewards for thousands of years. We also recognize the contributions of the Inuit and other Indigenous peoples who have helped to shape this region, provinces, and Canada as a whole. We give thanks for the countless ways they have assisted the settler peoples who came to inhabit the land. May the Creator hold us gently in this time of hope, healing, and reconciliation as we journey together on this land.

HYMN: **VU337** *Blessed Assurance*
♪ **Blessed assurance, Jesus is mine!
O what a foretaste of glory divine!
Heir of salvation, purchase of God,
born of the Spirit, washed in Christ's blood.**

(Refrain) **This is my story, this is my song,
praising my Saviour all the day long;
this is my story, this is my song,
praising my Saviour all the day long.**

**Perfect submission, perfect delight!
Visions of rapture now burst on my sight;
angels descending, bring from above
echoes of mercy, whispers of love. R**

**Perfect submission, all is at rest,
I in my Saviour am happy and blessed;
watching and waiting, looking above,
filled with God's goodness, lost in Christ's love. R ♪**

ANNOUNCEMENTS

INVITATION TO WORSHIP:
God is with us. **We rejoice in God's presence!**

LIGHTING THE CHRIST CANDLE

OPENING PRAYER

HYMN: **VU381** *Spirit of Life*
♪ **Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
move in the hand, giving life the shape of justice.
Roots hold me close;
wings set me free;
Spirit of Life,
come to me, come to me. ♪**

CHILDREN'S TIME

PRAYER OF CONFESSION: *Touch Holiness, Resources for Worship edited by Ruth C. Duck & Maren C. Tirabassi, adapted.*

**O God, life is full of choices and our way is not always clear.
We try to be who you have created us to be,
and do what you have called
on us to do, sometimes we stumble and fail.
Sometimes our minds are overwhelmed with living.
Forgive us O God, when we fail by what we do
and what we do not do.
Forgive us O God and help us to trust in you.
Amen.**

WORDS OF ASSURANCE

SOLO: Shea Carter – *Amazing Grace* (Arr. by Richard Walters)
Amazing grace! How sweet the sound
That saved a wretch like me!
I once was lost, but now am found;
Was blind, but now I see.

'Twas grace that taught my heart to fear,
And grace my fears relieved;
How precious did that grace appear
The hour I first believed.

The Lord has promised good to me,
His word my hope secures;
He will my shield and portion be,
as long as life endures.

Through many dangers, toils, and snares,
I have already come;
'Tis grace hath brought me safe thus far,
And grace will lead me home.

Yea, when this flesh and heart shall fail,
And mortal life shall cease,
I shall possess, within the veil,
a life of joy and peace.

When we've been there ten thousand years,
Bright shining as the sun,
We've no less days to sing God's praise
Than when we'd first begun.

SCRIPTURE READING: Romans 8:1-11 read by
Kathy Wilson
This is the Word of the Lord. **Thanks be to God**

SERMON

HYMN: **VU481** *Sent Forth by God's Blessing*
♪ **Sent forth by God's blessing,**
our true faith confessing,
the people of God
from this dwelling take leave.
The supper is ended,
O now be extended
the fruits of this service
in all who believe.

The seed of Christ's teaching,
receptive souls reaching,
shall blossom in action
for God and for all.
God's grace did invite us,
God's love shall unite us
to work for the kingdom
and answer its call.

With praise and thanksgiving
to God ever living,
the tasks of our everyday
life we will face.
Our faith ever sharing,
in love ever caring,
embracing God's children
of each tribe and race.

With your feast you feed us,
with your light now lead us;

ST. ANDREW'S CONTACT LIST

Our heartfelt thanks go out to everyone
who helped with today's service—we
couldn't have pulled it off without you!

A thank you to our singers, soloist, Shea
Carter and our scripture reader, Kathy
Wilson.

unite us as one in this
life that we share.
Then may all the living
with praise and thanksgiving
give honour to Christ
and the name that we bear. ♪

MINUTE FOR MISSION

PRAYERS OF THE PEOPLE:
God of peace.
Sung response: **VU949** *Grant to Us*
Grant to us, O God, a heart renewed;
speak to us a fresh forgiving word.

THE LORD'S PRAYER: **VU916** *A Paraphrase*
Eternal Spirit,
Earth-maker, Pain-bearer, Life-giver,
Source of all that is and that shall be.
Father and Mother of us all,
Loving God, in whom is heaven:
The hallowing of your name echo
through the universe!
The way of your justice be followed
by peoples of the world!
Your heavenly will be done
by all created beings!
Your commonwealth of peace and freedom
sustain our hope and come on earth.
With the bread we need for today, feed us.
In the hurts we absorb from one another, for-
give us.
In times of temptation and test, strengthen us.
From trials too great to endure, spare us.
From the grip of all that is evil, free us.
For you reign in the glory of the power that is
love,
now and forever. Amen.

OFFERING/OFFERTORY: **VU542** *We Give You*
But Your Own
We give you but your own,
whate'er the gift may be;
all that we have is yours alone,
we give it gratefully.

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
Choir Director	Katy Harmer	music@standrewsriverheights.com
Organist	Wes Elias	weselias@mymts.net
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Council Chair	Rob Siddall	rgs123@mymts.net
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Charlotte Lindsay	office@standrewsriverheights.com

BLESSING

BENEDICTION: VU374 *Come and Find the Quiet Centre* vs.3
**In the Spirit let us travel,
open to each other's pain,
let our loves and fears unravel,
celebrate the space we gain:
there's a place for deepest
dreaming,
there's a time for heart to care,
in the Spirit's lively scheming
there is always room to spare!**

POSTLUDE: *Trumpet Tune in D major* David Johnson

Announcements

As many of the Fellowship Interest Group are away during the summer, we will not be preparing refreshments for after the service from July 2 to September 3. We require volunteers to prepare refreshments for the 5 Sundays in July.

Thank you to those who have signed up, we still need a volunteer for Sunday, July 30th. There is a sign-up sheet on the table at the back of the sanctuary if you can prepare refreshments for one of these weeks. If you require any information on what is required, please contact Betty Jubinville. The Fellowship Interest Groups would like to thank you for your continued support.

During July, the office is open:

- Tuesdays 9am-12pm
- Wednesdays 9am-3pm
- Thursday 9am-3pm

Got any loose change? The Coin

Canister is at the back of the church. Drop-in spare coins for Oak Table-1JustCity for their needs for food for their breakfast program.

Scripture Readings for next week:

Genesis 28:10–19a
Psalm 139:1–12, 23–24
Wisdom of Solomon 12:13, 16–19
or Isaiah 44:6–8
Psalm 86:11–17
*Romans 8:12–25
Matthew 13:24–30, 36–43

Congratulations to Derek Morphy

for receiving the Manitoba Choral Association's Award for Artistic Excellence! This award is given by the Manitoba Choral Association (MCA) to recognize "outstanding artistic achievement, innovation, and significant leadership in choral music." As the St. Andrew's community knows well, Derek has been a pillar in Manitoba's choral world for many years, serving as a teacher, conductor, singer, advocate, and leader in so many capacities. You can read more about Derek, and the other recipients of the MCA's Awards of Distinction here: [https://](https://www.mbchoralassociation.ca/post/mca-announces-2023-awards-of-distinction-recipients)

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Coming Up...

SUNDAY, JULY 16

Worship @ 10:30am
Rental—Charmaine Bacon
(sanctuary) @ 6:30pm

MONDAY, JULY 17

Rental—AFG (lounge) @ 7pm

SUNDAY, JULY 23

Worship @ 10:30am

YOUR GIFTS MATTER.

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Pre-authorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, through E-transfer by contacting Bill Craddock our Treasurer at 204-488-1130 just leave a message on the phone and Bill will return it, or can be dropped off at any time through the church office.

Check out our website for more information and forms. The church is very grateful for any and all donations. Thank you so much.



In a generous act of hospitality, God invites us into ministry. How shall we then respond?

Rental—Charmaine Bacon
(sanctuary) @ 6:30pm

MONDAY, JULY 24

Rental—Joel Ledlow Summer Camp
(auditorium) @ 9am
Rental—AFG (lounge) @ 7pm

TUESDAY, JULY 25

Rental—Joel Ledlow Summer Camp
(auditorium) @ 9am

WEDNESDAY, JULY 26

Rental—Joel Ledlow Summer Camp
(auditorium) @ 9am

THURSDAY, JULY 27

Rental—Joel Ledlow Summer Camp
(auditorium) @ 9am

FRIDAY, JULY 28

Rental—Joel Ledlow Summer Camp
(auditorium) @ 9am

SUNDAY, JULY 30



St. Andrew's River Heights United Church | 255 Oak Street, Winnipeg, MB R3M 3P7 | Sunday Services @ 10:30am
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Office Hours: Monday to Friday from 9:00am to 3:00pm | Follow us on Facebook, Twitter and Instagram!