

# Communion



**Sunday, May 21, 2023**



We are an Easter people. People who celebrate the Risen Christ! The Season of Easter begins on Easter Sunday and lasts until May 28th which is Pentecost Sunday. The cross remains in the sanctuary with the white cloth on it until Pentecost. Easter is the most important and oldest festival of the Christian Church, celebrating the resurrection of Jesus Christ. Hallelujah! Christ is risen! Christ is risen indeed! Alleluia!

## Our Vision

To live as Christ would have us live, in love, with compassion and seeking justice, by sharing God's grace, learning from scripture, growing through the Spirit and being transformed by faith.

**WASHROOMS:** Wheelchair accessible and gender neutral bathrooms are located outside the lower auditorium. They can be accessed by the stairs in the Narthex or the elevator outside the church office.

## FIND YOUR PLACE

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details found at <http://standrewsriverheights.com/life-work/church-groups/>.

**ANNA BLAIR CIRCLE:** Monthly functions that are social in nature and promote fellowship and camaraderie.

**BIBLE STUDY:** We meet Tuesday mornings at 9:30am in the Lounge. Drop in anytime! Contact [klumley@standrewsriverheights.com](mailto:klumley@standrewsriverheights.com)

**BOOK CLUB:** We are a group of book lovers who meet Wednesday afternoons, every 5-7 weeks. Anyone is welcome! [Ruth - mckenzieqrst@shaw.ca](mailto:Ruth-mckenzieqrst@shaw.ca)

**OUTREACH:** Social justice in our community and beyond. We meet on an 'as needs basis'.

**PRAYER/BAPTISM SHAWLS:** Do you love to knit? If so, we could use your talents.

**SUNDAY SCHOOL:** Teachers are always needed. Contact Jan Demeduk to volunteer at [j.demeduk@hotmail.com](mailto:j.demeduk@hotmail.com)

**ST. ANDREW'S MUSIC:** Love to sing? Our senior choir meets Thursday evenings and welcomes new members! [Choir Director—music@standrewsriverheights.com](mailto:Choir Director—music@standrewsriverheights.com)

**VOLUNTEERS NEEDED:** We are always looking for volunteers to help out with events, fundraising, outreach, Sunday morning coffee & tea. If you are interested, email the church office at [office@standrewsriverheights.com](mailto:office@standrewsriverheights.com).

## Upcoming service:

Sunday, May 28th is Pentecost Sunday, and our guest preacher is Rev. Irene Greenwood.



**OUR LAND** - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

## Order of Service

GATHERING: *The head that once was crowned* (St. Magnus) arr. Malcolm Archer

*All hail the power of Jesus' name* (Miles Lane) arr. Healey Willan

### CENTERING WORDS

#### WELCOME

HYMN: **VU334** *All Hail the Power of Jesus' Name*

♪ **All hail the power of Jesus' name!**  
**Let angels prostrate fall;**  
**bring forth the royal diadem,**  
**and crown him, crown him,**  
**crown him, crown him Lord of all.**

**O seed of Israel's chosen race**  
**now ransomed from the fall,**  
**hail him who saves you by his grace.**  
**and crown him, crown him,**  
**crown him, crown him Lord of all.**

**Crown him, you martyrs of your God,**  
**who from him altar call;**  
**praise him whose way of pain you trod,**  
**and crown him, crown him,**  
**crown him, crown him Lord of all.**

**Let every tongue and every tribe,**  
**responsive to the call,**  
**to him all majesty ascribe**  
**and crown him, crown him,**  
**crown him, crown him Lord of all.**

**O that, with all the sacred throng,**  
**we at his feet may fall,**  
**join in the everlasting song,**  
**and crown him, crown him,**  
**crown him, crown him Lord of all. ♪**

ACKNOWLEDGING THE TERRITORY: *Prairie Spirit United Church*

**For thousands of years, Indigenous peoples have walked on this land.**

**The relationship with the land is at the center of our lives.**

**We acknowledge the first peoples and their stewardship of this land throughout the ages. The land we worship and live on is part of Treaty 1.**

**Our water comes from Treaty 3 and our hydro from Treaty 5 territories.**

**We acknowledge errors made in the past by those arriving from other lands and we pledge to work towards the right relationships with all First Nations peoples.**

#### ANNOUNCEMENTS

Glenn Neufeld—Music Bursary Program

INVITATION TO WORSHIP: *Based on Psalm 68*  
*(Seasons of the Spirit, FUSION Resources, Easter)*  
Here we gather.  
Here we come to sing.

**Here we come to dance.**

**Here we come to worship.**

**Here we come to praise.**

**Here we come to pray.**

**Here and online, we come to worship our God.**

### OPENING PRAYER

HYMN: **VU190** *The Head that Once Was Crowned*

♪ **The head that once was crowned with thorns**  
**is crowned with glory now;**  
**a royal diadem adorns**  
**the mighty victor's brow.**

**The joy of all who dwell above,**  
**the joy of all below,**  
**to whom he manifests his love**  
**and grants his name to know.**

**To them the cross, with all its shame,**  
**with all its grace, is given,**  
**their name an everlasting name,**  
**their joy the joy of heaven.**

**They suffer here with Christ below,**  
**they reign with him above,**  
**their profit and their joy to know**  
**the mystery of his love.**

**The cross he bore is life and health,**  
**though shame and death to him,**  
**his people's hope, his people's wealth,**  
**their everlasting theme. ♪**

### CHILDREN'S TIME

PRAYER OF CONFESSION: *The Abingdon Worship Annual, 2023*

**Life-giving God, we receive your blessing,**  
**but we don't always feel worthy to receive it.**  
**Your call often confuses us**  
**and your love seems too generous.**

**We worship and pray,**  
**yet we still count the times we fall short**  
**of what we think you expect of us.**  
**Your mercy is abundant,**  
**but we hesitate to open our hearts to receive it.**  
**Get our attention and draw us closer to you,**  
**that we may know the relief of your assurance.**  
**As we pray to you, hear our prayers. Amen.**

### WORDS OF ASSURANCE

SCRIPTURE READING: Acts 1:6-14 read by Rhonda Kennedy Rogers

This is the Word of the Lord. **Thanks be to God**

ANTHEM: *God is Gone Up* (Arthur Hutchings)

**God is gone up with a merry noise,**  
**and the Lord with the sound of the trumpet.**  
**Thou art gone up on high,**  
**thou hast led captivity captive,**  
**and received gifts for all.**  
**O sing praises unto our God,**

O sing praises unto our King.  
Alleluia!  
God is gone up on high!

## SERMON

HYMN: **VU402** *We Are One*  
♪ We are one as we come,  
as we come, joyful to be here,  
in the praise, on our lips  
there's a sense that God is near.  
We are one as we sing,  
As we seek, we are found;  
and we come needful of God's grace  
as we meet, together in this place.

We are one as we share,  
as we share brokenness and fear,  
in the touch of a hand  
there's a sense that God is here.  
We are one as we care,  
As we heal, we are healed;  
and we share warmth is God's embrace  
as we pray together in this place.

We are one as we feast,  
as we feast, peace becomes the sign;  
in the bread and the wine  
there's a sense of love divine.  
We are one as we come,  
as we feed, we are fed;  
and we feel God's refreshing grace  
as we meet at the table in this place.

We are one as we hear,  
as we hear, heart and hand unite;  
in the word we receive  
there's a sense that God is light.  
We are one as we leave,  
as we love, we are loved;  
and we seek justice in God's ways  
as we move together from this place. ♪

THE SACRAMENT OF HOLY COMMUNION  
(*Voices United, Services for Worship MV203, 204, 205*)  
...we may proclaim your praise:  
O holy, holy holy God, O God of time and space.  
All earth and sea and sky above bear witness to your  
grace.  
Hosanna in the highest heav'n, creation sings your  
praise.  
And blessed is the One who comes and bears your  
name always!

...may proclaim the mystery of faith:  
**Sing Christ has died, and Christ is risen,  
Christ will come again!  
Sing Christ has died and Christ is risen,  
Christ will come again!**

...God most holy, now and forever.  
**Amen, amen, O Holy One  
Hosanna and Amen!  
Amen, amen, O Holy One, Hosanna and Amen!**

SHARING THE BREAD AND THE CUP:  
The bread is broken.  
The body of Christ.  
**Thanks be to God for the bread of life.**  
The cup is filled.  
The blood of Christ.  
**Thanks be to God for the cup of blessing.**

PRAYER AFTER COMMUNION:  
**For the bread we have eaten,  
for the wine we have tasted,  
for the life we have received,  
we thank you God.  
Grant that what we have done  
and have been given here  
may so put its mark upon us  
that it may remain always in our hearts.  
Grant that we may become  
followers of the Jesus way  
so that our faith may be lived in action  
through Christ. Amen**

PRAYERS OF THE PEOPLE:  
We wait but we do not wait patiently.  
Sung response: **VU179** *Hallelujah, Hallelujah* refrain only  
**Hallelujah, hallelujah, Give thanks to the risen Christ;  
hallelujah, hallelujah! Give praise to God's name.**

THE LORD'S PRAYER: **VU916** *A Paraphrase*  
**Eternal Spirit,  
Earth-maker, Pain-bearer, Life-giver,  
Source of all that is and that shall be.  
Father and Mother of us all,  
Loving God, in whom is heaven:  
The hallowing of your name echo  
through the universe!  
The way of your justice be followed  
by peoples of the world!  
Your heavenly will be done  
by all created beings!  
Your commonwealth of peace and freedom  
sustain our hope and come on earth.**

## ST. ANDREW'S CONTACT LIST

Our heartfelt thanks go out to everyone who helped with today's service—we couldn't have pulled it off without you!

A thank you to our singers and our scripture reader, Rhonda Kennedy Rogers. Thank you to Linda Paul for co-officiating with communion and a thank you to all servers.

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
Choir Director	Katy Harmer	music@standrewsriverheights.com
Organist	Wes Elias	weselias@mymts.net
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Council Chair	Rob Siddall	rgs123@mymts.net
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Charlotte Lindsay	office@standrewsriverheights.com

With the bread we need for today,  
feed us.  
In the hurts we absorb from one another,  
forgive us.  
In times of temptation and test,  
strengthen us.  
From trials too great to endure, spare  
us.  
From the grip of all that is evil, free  
us.

For you reign in the glory of the power  
that is love,  
now and forever. Amen.

OFFERING/OFFERTORY: **VU538** *For the Gift of Creation*  
For the gift of creation, the gift of  
your love,  
and the gift of the Spirit by which we  
live,  
we thank you and give you the fruit  
of our hands.  
May the grace be proclaimed by the  
gifts that we give.

#### BLESSING

BENEDICTION: **VU586** *We Shall Go Out* vs. 1  
We shall go out with hope of resurrection,  
we shall go out, from strength to  
strength go on;  
we shall go out and tell our stories  
boldly;  
tales of a love that will not let us go.  
We'll sing our songs of wrongs that  
can be righted;  
we'll dream our dreams of hurts that  
can be healed;  
we'll weave a cloth of all the world  
united  
within the vision of new life in Christ.

POSTLUDE: *Festive Postlude* Alec  
Rowley

#### Coming Up...

##### **SUNDAY, MAY 21**

Communion worship @ 10:30am

##### **MONDAY, MAY 22**

*Rental—AFG (lounge) @ 7pm*

##### **TUESDAY, MAY 23**

#### Announcements

**Today, communion** will be served at the front of the church for those who are comfortable. If you prefer the pre-packaged elements, they are available from an usher.

**On Sunday, May 28th**, the children and youth will be having a Pentecost Party, celebrating Pentecost the birth of the church. Come for a fun-filled time of celebrating, feasting, and remembering.  
**On Sunday, May 28th**, Rev. Irene Greenwood will be our guest preacher. Irene Greenwood is a retired United Church minister serving in both rural and city ministry for 38 years in the three prairie provinces. Now retired, Irene lives in Winnipeg with her partner, Joan and enjoys spending time with their five grandchildren. On a volunteer basis, Irene continues her work for the church as a support person for ministry personnel and through social justice work. In addition, she occasionally offers leadership for study group in her own congregation. Since retiring, Irene has renewed her interest in music by learning a new instrument - the ukulele. She and Joan participate in jam sessions, playing along with other ukulele players.

**Sunday, June 4th**, as Churchill Park did last year, SMRUC has registered "The United Church of Canada" to walk in Wpg's 2023 PRIDE parade. All United churches welcome. We will bring the region's United Church banner to lead the group, but other banners/signs are welcome. Wearing bright colours is encouraged. The rally is before the parade at the Legislature Building and 10:00 am is the Parade. Meet us at our Church Banner behind the United Church Banners. This service will also be live-streamed for those who wish to view it online.

**Sunday, June 4th** at United Church in Meadowood (1111 Dakota Street) The Rt. Rev. Dr. Carmen Lansdowne will be preaching at the celebration of ministry service. She is the Moderator of the UCC of Canada and is the first Indigenous Woman to lead a religious denomination in Canada.

#### YOUR GIFTS MATTER.

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Pre-authorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, through E-transfer by contacting Bill Craddock our Treasurer at 204-488-1130 just leave a message on the phone and Bill will return it, or can be dropped off at any time through the church office.

Check out our website for more information and forms. The church is very grateful for any and all donations. Thank you so much.



In a generous act of hospitality, God invites us into ministry. How shall we then respond?

The service is open to all United Church people. It will also be live-streamed for those who prefer to view it online. Time to be announced.

#### Remember in Prayer:

- Cheryl Duffy is in Palliative Care at the Women's Health Sciences Centre.

**Got any loose change?** The Coin Canister is at the back of the church. Drop-in spare coins for Oak Table-1JustCity for their needs for food for their breakfast program.

#### Scripture Readings for next week

Acts 2:1–21  
or Numbers 11:24–30  
Psalm 104:24–34, 35b  
1 Corinthians 12:3b–13  
or Acts 2:1–21  
John 20:19–23  
or John 7:37–39



St. Andrew's River Heights United Church | 255 Oak Street, Winnipeg, MB R3M 3P7 | Sunday Services @ 10:30am  
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Office Hours: Monday to Friday from 9:00am to 3:00pm | Follow us on Facebook, Twitter and Instagram!