

## Sunday, February 26, 2023



Lent is defined as the period of 40 days that Christians observe from Ash Wednesday to Easter. It is often marked with giving up something one really likes. It is a reflective time of penitence in preparation for Easter. It is a time of reflection and preparation before the cel-

ebrations of Easter. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert of 40 days. Let us ponder these things in our hearts as we begin our Lenten journey as a faith community.

#### **Our Vision**

To live as Christ would have us live, in love, with compassion and seeking justice, by sharing God's grace, learning from scripture, growing through the Spirit and being transformed by faith.

**WASHROOMS:** Wheelchair accessible and gender neutral bathrooms are located outside the lower auditorium. They can be accessed by the stairs in the Narthex or the elevator outside the church office.

## FIND YOUR PLACE

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details found at http://standrewsriverheights.com/life-work/church-groups/.

**ANNA BLAIR CIRCLE:** Monthly functions that are social in nature and promote fellowship and camaraderie.

**BIBLE STUDY:** We meet Tuesday mornings at 9:30am in the Lounge. Drop in anytime! Contact klumley@standrewsriverheights.com

**BOOK CLUB:** We are a group of book lovers who meet Wednesday afternoons, every 5-7 weeks. Anyone is welcome! *Ruth - mckenziegrst@shaw.ca* 

**OUTREACH:** Social justice in our community and beyond. We meet on an 'as needs basis'.

**PRAYER/BAPTISM SHAWLS:** Do you love to knit? If so, we could use your talents.

**SUNDAY SCHOOL:** Teachers are always needed. Contact Jan Demeduk to volunteer at j.demeduk@hotmail.com

**ST. ANDREW'S MUSIC:** Love to sing? Our senior choir meets Thursday evenings and welcomes new members! Choir Director—music@standrewsriverheights.com

**VOLUNTEERS NEEDED:** We are always looking for volunteers to help out with events, fundraising, outreach, Sunday morning coffee & tea. If you are interested, email the church office at office@standrewsriverheights.com.

## **Upcoming Services:**

- Sunday, March 5 Lent 2
- Sunday, March 12-Lent 3-PIE DAY (Public/Intentional/Explicit) Affirming Sunday
   PIE after church



**OUR LAND** - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

## Order of Service

GATHERING: Grave and Adagio from 'Sonata #2 in C minor' Felix Mendelssohn

INTROIT: Teach me thy way O Lord (Thiman #20

pg.16)

#### WELCOME

INVITATION TO WORSHIP: From Called To be Church, U.C. resources 2020.

As we travel this Lenten pathway, we journey together, as a community of faith.

As we travel this Way of Jesus, we journey together, but also alone.

Practising our faith: living Christ's call to love God with all that we are,

to love our neighbour as we love ourselves. Practising our faith: as stewards on the WAY. The Christ candle shows us the light and shows us the way.

CHILDREN'S TIME: The Lenten Tree

HYMN: **VU108** Throughout These Lenten Days and Nights

↑ Throughout these Lenten days and nights we turn to walk the inward way, where, meeting Christ our, guide and light, we live in hope till Easter Day.

The pilgrim Christ, the Lamb of God, who found in weakness greater power, embraces us, though lost and flawed, and leads us to his Rising Hour.

We bear the silence, cross and pain of human burdens, human strife, while sisters, brothers help sustain our courage till the Feast of Life.

And though the road is hard and steep, the Spirit ever calls us on through Calvary's dying, dark and deep, until we see the coming Dawn.

So let us choose the path of One who wore, for us, the crown of thorn, and slept in death that we might wake to his life of Resurrection Morn!

Rejoice, O sons and daughters!
Sing and shout, hosannas! Raise the strain!
For Christ, whose death Good Friday brings
on Easter Day will rise again! ♪

## **ANNOUNCEMENTS**

ACKNOWLEDGING THE TERRITORY: *Prairie Spirit United Church* 

For thousands of years, Indigenous people have walked on this land.

The relationship with the land is at the center of our lives. We acknowledge.

the first peoples and their stewardship of this land throughout the ages.

The land we worship and live on is part of Treaty 1. Our water comes from

Treaty 3 and our hydro from Treaty 5 territories. We acknowledge errors made in the past by those arriving from other lands and we pledge to work towards the right relationships with all First Nations people.

PRAYER OF CONFESSION: The Abingdon Worship Annual, 2023

God of wilderness wanderings, many things tempt us;

many forces cause our feet to stray.
Save us from the time of trial,
for we easily succumb to temptation;
we often heed voices that cause us to stray.
Return us the garden of your abiding love,
for we yearn to walk with you
with faithful hearts and uprights spirits. Amen.

#### WORDS OF ASSURANCE

HYMN: VU115 Jesus, Tempted in the Desert Jesus, tempted in the desert, lonely, hungry, filled with dread: "Use your power," the tempter tells him; "turn these barren rocks to bread!" "Not alone by bread," he answers, "can the human heart be filled. Only by the Word that calls us is our deepest hunger stilled!"

Jesus, tempted at the temple, high above its ancient wall: "Throw yourself from lofty turret; angels wait to break your fall!" Jesus shuns such empty marvels, fears the fickle crowds request: "God, whose grace protects, preserves us, we must never vainly test."

Jesus, tempted on the mountain by the lure of vast domain: "Fall before me! Be my servant! Glory, fame, you're sure to gain!" Jesus sees the dazzling vision, turns his eyes another way: "God alone deserves our homage! God alone will I obey!"

When we face temptation's power, lonely, struggling, filled with dread, Christ, who knew the tempter's hour, come and be our living bread. By your grace, protect, preserve us

lest we fall, your trust betray. Yours, above all other voices, be the Word we hear, obey. J

SCRIPTURE READINGS: Matthew 4:1-11 read by

Martha Graham

This is the Word of the Lord. Thanks be to God

ANTHEM: Hush! Somebody's Callin' My Name (trad. spiritual, arr. Brazeal W. Dennard) Hush, hush, somebody's callin' my name. Oh my Lord, oh my Lord, what shall I do?

I'm so glad that trouble don't last always. Oh my Lord, oh, my Lord, what shall I do?

I'm so glad I got my 'ligion in time. (Hallelujah, Lord! Oh, glory, Lord!) Oh my lord, oh, my Lord, what shall I do?

Soon one mornin' death come creepin' in my room. Oh my Lord, oh, my Lord, what shall I do?

**SERMON** 

HYMN: MV202 Bread for the Journey

THE SACRAMENT OF HOLY COMMUNION (From Called To be Church, U.C. resources 2020) Kingsfold Communion Set MV 203,204,205

Celebrating at Christ's Table

God is with you!

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God, the God of all the universe. It is right to give our thanks and praise.

You said, "Light!" You said, "Earth!" You said, "Heavens!" You said, "Stars!"

You said, "Creatures of the water and air!"

You said, "Creatures of the land!"

And you said,

"This is good. This is very good."

It is good! Thank you, loving God.

Thank you loving God

We give you thanks for our ...

...in the years that followed.

Thank you, loving God!

Thank you, loving God!

For all that you have given us... ...we give you thanks!

Thank you, loving God!

And so we join our voices with the song of all creation, celebrating your love.

O holy, holy, holy God, O God of time and space. All earth and sea and sky above bear witness to your grace.

Hosanna in the highest heav'n, creation sings your

And blessed is the one who comes and bears your name always!

But, even as... ...for his tears.

For all that he was, and is, and always will be!

...we sing the mystery of our faith:

Sing, Christ has died and Christ is risen, Christ will come again!

Sing Christ has died and Christ is risen, Christ will come again!

...Each time you eat bread-Remember me!

Each time you drink-"Remember me.

...now and forever.

Amen, amen, O Holy One! Hosanna and Amen! Amen, amen.

O Holy One Hosanna and Amen!

SHARING THE BREAD AND THE CUP

PRAYER AFTER COMMUNION

For the bread we have eaten, for the fruit on our tongue, for the life we have received, thank you, loving God.

May what we have done here

touch us so deeply,

that it will always remain in our hearts-

sending us into our lives,

living Christ's love.

ST. ANDREW'S CONTACT LIST

Our heartfelt thanks go out to everyone who helped with today's service—we couldn't have pulled it off without you!

A thank you today to our singers and our scripture reader, Martha Graham.

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
Choir Director	Katy Harmer	music@standrewsriverheights.com
Organist	Wes Elias	weselias@mymts.net
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Council Chair	Rob Siddall	rgs123@mymts.net
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Charlotte Lindsay	office@standrewsriverheights.com

PRAYERS OF THE PEOPLE: Receive the prayers of our hearts, God.

Sung response: MV100 Lord God,

You Love Us

Lord God, you love us, source of compassion.

THE LORD'S PRAYER

OFFERING/OFFERTORY: **VU539** *God of All Good* vs. 1

God of all good, our gifts we bring to you.

use them your holy purpose to fulfil:

tokens of love and pledges brought anew

that our whole life is offered to your will.

**BLESSING** 

BENEDICTION: **VU121** *Tree of Life* Lenten vs. 1

From the dawning of creation, you have loved us as your own; stay with us through all temptation, make us turn to you alone, make us turn to you alone.

POSTLUDE: Toccata in G minor Johann Pachelbel

Coming Up...
SUNDAY, FEBRUARY 26
Worship @ 10:30am

AGM & AGM Luncheon

**MONDAY, FEBRUARY 27** 

Rental—AFG (lounge) @ 7pm

**TUESDAY, FEBRUARY 28** 

Bible study @ 9:30am

**WEDNESDAY, MARCH 1** 

Organ lessons (sanctuary) @ 2pm Rental—Joy Cooper (lounge) @ 6:15pm

Rental—River City Sound (auditorium)
@ 7pm

## **THURSDAY, MARCH 2**

Choir @ 7:30pm

## **Announcements**

**St. Andrew's AGM** is today. Printed copies of the annual report are available for pick-up in the Narthex, it is also available to view online

Thanks to the Outreach Group who had Arthur Weldon from St. Boniface Street Links come and share their work. Brennan shared his personal story of addiction and recovery. Those who attended were moved by Brennan's story of

his life and Arthur's about the work of the organization. Thanks to all who came. Stay tuned for upcoming dates of future speakers.

A special thanks to The Fellowship Group who worked at flipping pancakes and cooking sausages so we could all participate in the Shrove Tuesday Pancake Supper. Thanks to the 80 children, youth and adults who came. A great time was had by all.

## Remember in prayer:

Bonnie Cross is in Seven Oaks Hospital.

Omar Fraguela is in the Concordia Hospital, Room 316B.

Sunday, March 12 is PIE Day!

PIE is Public, Intention and Explicit in our sharing of our being an Affirming Ministry of the United Church of Canada. Our service will reflect this and then after church, we will eat PIE! If anyone is willing to bake a pie for that Sunday please sign up at the back of the church.

#### YOUR GIFTS MATTER.

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Preauthorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, through Etransfer by contacting Bill Craddock our Treasurer at 204-488-1130 just leave a message on the phone and Bill will return it, or can be dropped off at any time through the church office.

Check out our website for more information and forms. The church is very grateful for any and all donations. Thank you so much.



In a generous act of hospitality, God invites us into ministry. How shall we then respond?

**Bible Study** is on Tuesdays, at 9:30 am. This week we are studying Genesis 12:1-4a.

Coffee time after church has begun again. The Fellowship Group will be hosting it most Sundays but will need some volunteers from time to time. On the first Sunday of every month, a volunteer is needed to do coffee, please sign up.

Got any loose change? The Coin Canister is at the back of the church. Drop-in spare coins for Oak Table-1JustCity for their needs for food for their breakfast program.

# **Scripture Readings for next week**

\*Genesis 12:1–4a Psalm 121 Romans 4:1–5, 13–17 John 3:1–17 or Matthew 17:1–9

