

# Welcome



Sunday, December 1, 2019



## Advent is a time of HOPE! PEACE! JOY! LOVE!

Let this be our prayer this season. Holy One, the Christ of the season we seek and long for faith, justice and hope in these challenging times we live in. Help us, Christ of the season to be faithful even though it is difficult, to be hopeful even when it is hard and proclaim our hope. Christ of

the season, help us to be people of peace, help us to work towards peace in our hearts, communities and in our world. O Christ of the season, may your presence of joy help us to be a witness in our world that you are present. Holy One, give us courage to take a different path, to seek help, to follow the star and be a part of The Christmas Story. Help us O God in all our preparations that amidst the business of the season we will not forget the Christ of Christmas God's wonderful gift to us all.

## Our Vision

To live as Christ would have us live, in love, with compassion and seeking justice, by sharing God's grace, learning from scripture, growing through the Spirit and being transformed by faith.

**WASHROOMS:** Wheelchair accessible and gender neutral bathrooms are located outside the lower auditorium. They can be accessed by the stairs in the Narthex or the elevator outside the church office.

## FIND YOUR PLACE

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details found at <http://standrewsriverheights.com/life-work/church-groups/>.

**AFFIRMING:** Our continuing mandate is to encourage ongoing understanding of what it means to be affirming and to evaluate the programs at St. Andrew's for inclusivity.

**ANNA BLAIR CIRCLE:** Monthly functions that are social in nature and promote fellowship and camaraderie.

**BIBLE STUDY:** We meet Tuesday mornings at 9am in the Lounge. Drop in anytime!  
Contact [klumley@standrewsriverheights.com](mailto:klumley@standrewsriverheights.com)

**BOOK CLUB:** We are a group of book lovers who meet Wednesday afternoons, every 5-7 weeks. Anyone is welcome! *Ruth* - [mckenzieqrst@shaw.ca](mailto:mckenzieqrst@shaw.ca)

**CARING COMMUNITY:** We oversee pastoral care in collaboration with the ministry staff.

**CENTERING PRAYER:** A form of Christian meditation based on an ancient practice of prayer. Newcomers welcome - 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of the month at 7pm in the lounge. Contact [clark\\_brownlee@mts.net](mailto:clark_brownlee@mts.net) for more information.

**CIRCLE OF CARE:** Lay pastoral care-giving and ministry for all ages and stages of the congregation.  
[klumley@standrewsriverheights.com](mailto:klumley@standrewsriverheights.com)

**OUTREACH:** Social justice in our community and beyond. We meet on an 'as needs basis'.

**PRAYER/BAPTISM SHAWLS:** Do you love to knit? If so, we could use your talents.

**SUNDAY SCHOOL:** Teachers are always needed. Contact Jan Demeduk to volunteer @ [j.demeduk@hotmail.com](mailto:j.demeduk@hotmail.com)

**ST. ANDREW'S MUSIC:** Love to sing? Our senior choir meets Thursday evenings and welcomes new members!  
*Choir Director*—[dmorphy1@mts.net](mailto:dmorphy1@mts.net)

**VOLUNTEERS NEEDED:** We are always looking for volunteers to help out with events, fundraising, outreach, Sunday morning coffee & tea, and the Circle of Care interest groups. If you are interested, email the church office at [volunteer@standrewsriverheights.com](mailto:volunteer@standrewsriverheights.com).



**OUR LAND** - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

## ORDER OF SERVICE

### GATHERING MUSIC

### WELCOME & ANNOUNCEMENTS

\*HYMN: **VU681**—Where Cross the Crowded Ways of Life (*FULDA*)

### CALL TO WORSHIP

Response: **Prepare the way of the Lord.**

\*ADVENT CANDLE LIGHTING (from Gathering 2019)

In this season of expectant waiting, **we wonder and we hope.**

...so many things we can touch, taste, smell, see, hear. **Hope rises within us.**

...look how they work together-connected. **Hope bubbles to the surface.**

...at blessings showered abundantly, **while hope flames into promise.**

ADVENT HYMN: **VU7 vs. 1**—Hope Is a Star (*MOON BEAMS*)

Hope is a star that shines in the night, leading us on till the morning is bright.

When God is a child there's joy in our song.

The last shall be first and the weak shall be strong, and none shall be afraid.

### OPENING PRAYER

### CHILDREN'S TIME

\*HYMN: **VU10**—Prepare the Way of the Lord (*Michael Burkhardt*)

SCRIPTURE READING: Isaiah 2:1-5 (read by Katy Hedalen-Shariff)

ANTHEM: "Let all mortal flesh keep silence" (*Text: 4<sup>th</sup> Century Greek; Music: Old French Melody; Arr. Gustav Holst; Soloists: Judy Oatway and Fred Cross*)

Let all mortal flesh keep silence, and with fear and trembling stand;

Ponder nothing earthly minded, for with blessing in His hand,

Christ our God to earth descendeth, our full homage to demand.

King of kings, yet born of Mary, as of old on earth He stood,

Lord of lords, in human vesture, in the body and the blood;

He will give to all the faithful his own self for heavenly food.

Rank on rank the host of heaven spreads its vanguard on the way,

As the Light of light descendeth from the realms of endless day,

That the powers of hell may vanish as the darkness clears away.

At His feet the six winged seraph, cherubim with sleepless eye,

Veil their faces to the presence, as with ceaseless voice they cry:

Alleluia, Alleluia, Alleluia, Lord Most High!

### SERMON

\*HYMN: **VU478**—You Satisfy the Hungry Heart (*FINEST WHEAT*)

OFFERING/OFFERTORY (*Come, thou long-expected Jesus—arr. R. Haan*)

\*OFFERING SUNG RESPONSE (VU55 v4)

What can I give him, poor as I am? If I were a shepherd, I would bring a lamb; if I were a wise man,

I would do my part; yet what I can I give him—give my heart.

## SACRAMENT OF COMMUNION

May God be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God most holy. **It is right to give God thanks and praise.**

...we join with all the company of heaven and earth to give you praise:

**♪Holy, holy, holy, my heart adores you!**

**My heart is glad to say the words: You are holy God! (VU951)**

Mighty and tender God, in Jesus of Nazareth...

...With the words Jesus taught us, we now pray to God.

**♪Our father in heaven, hallowed be your name, your kingdom come, your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil for the kingdom, the power and the glory are yours, now and forever. (VU959)**

We remember... we join our voices to affirm our trust in your promise.

**♪I am the bread of life broken for the world. I am the cup poured out for all.**

**Those who believe in me will never die. I am the life of the world. (MV201)**

## SHARING THE BREAD AND THE CUP

### PRAYER AFTER COMMUNION

**As we prepare for the birth of the Christ Child, we give thanks for all that births new life.**

**May we be the hands and feet of Christ, bearing Christ's life into the world. Amen.**

\*HYMN: **VU2**—Come, Thou Long-Expected Jesus (*STUGGART*)

### BLESSING

\*BENEDICTION (MV220)

**Hope shines as the solitary star. Faith is the inner light.**

**You and I together mirror the Light of Lights, and illumine the pathway home.**

POSTLUDE (*Sleepers, wake! The watch are calling—arr. M. Sobaje*)

## The Anthem this Week

This hymn, appears in Voices United (#473), in the “Holy Communion” section, appropriately for today, as it was originally written in 4<sup>th</sup> century Greece as a Eucharistic hymn. Verse 2 refers to “Lord of Lords, in human vesture, in the body and the blood, he will give to all the faithful his own self for heavenly food”. Yet it has also become a song often sung in Advent as it foreshadows the birth of Christ. The text is based on a verse in Habakkuk 2:20, and was translated into English by Gerard Moultrie in the nineteenth century. In the early 20<sup>th</sup> century, Ralph Vaughan Williams, set it to a French melody, (Picardy), and it has been inserted into many hymn books since then.

This version is a setting by a good friend of Vaughan Williams, Gustav Holst (1874-1934), an Englishman despite his German sounding name. It was originally written for choir and orchestra. The organ part, particularly at the end of the fourth verse is quite elaborate, as it is a reduction of the original orchestral score, as it builds towards a grand finish. The first verse is set for soprano solo, and the second for baritone solo.

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### ST ANDREW'S CONTACT LIST

Our heartfelt thanks go out to everyone who helped with today's service—we couldn't have pulled it off without you!

Thank you to our greeters, Darlene and Murray Cameron.

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
	Rev. Noelle Bowles	noellebowles@gmail.com
Choir Director	Derek Morphy	dmorphy1@mts.net
Organist	Wes Elias	weselias@mymts.net
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Council Chair	Anne Grewar	nagrewar@gmail.com
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Andrea Moffatt	office@standrewsriverheights.com

### YOUR GIFTS MATTER.

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Pre-authorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, or can be dropped off at any time through the church office.

If you do give through PAR or at other times during the year, we invite you to still touch the plate so that you add your blessing to our givings.



We strive to learn the ways of Christ and walk in his paths. Our offerings are one way we walk in God's light.

#### SUNDAY, DECEMBER 1

Advent I Communion Sunday @ 10:30am  
*Elias recital (sanctuary) @ 1pm*  
*Rental—Rotoff recital (sanc.) @ 6:30pm*

#### MONDAY, DECEMBER 2

*Rental—AFG (chapel) @ 7pm*

#### TUESDAY, DECEMBER 3

Bible Study (lounge) @ 9am  
Worship meeting (lounge) @ 7pm  
P&A meeting (chapel) @ 7:30pm

#### WEDNESDAY, DECEMBER 4

Book Club (lounge) @ 1:30pm  
*Rental—RCS (auditorium) @ 7pm*  
*Rental—Prairie Voices (sanc.) @ 5pm*

#### THURSDAY, DECEMBER 5

**Basement Bookstore 8th Anniversary Sale @ 10am – 5pm**  
*Nuovoce rehearsal (sanc.) @ 6pm*  
Choir @ 8:30pm

#### FRIDAY, DECEMBER 6

*Rental—Nuovoce Concert (sanc.) @ 4pm*  
Set-up for Cookie Walk (auditorium)

#### SATURDAY, DECEMBER 7

**Cookie Walk (auditorium) @ 9-11am**  
*Charmaine (sanctuary) @ 2pm*  
*Rental—Prairie Voices (sanc.) @ 5pm*

#### SUNDAY, DECEMBER 8

Advent II Worship @ 10:30am  
*Charmaine Bacon (sanc.) @ 5:30pm*  
*Rental—Oak St Block Party (aud) @ 3pm*

#### MONDAY, DECEMBER 9

*Rental—AFG (chapel) @ 7pm*

#### TUESDAY, DECEMBER 10

Bible Study (lounge) @ 9am  
Centering Prayer (lounge) @ 7pm

#### WEDNESDAY, DECEMBER 11

*Rental—RCS (auditorium) @ 7pm*

#### THURSDAY, DECEMBER 12

Basement Bookstore @ 10am – 5pm  
Choir @ 8:30pm

#### SATURDAY, DECEMBER 14

*Rental—Shevchenko recital (sanctuary) @ 1pm*

#### SUNDAY, DECEMBER 15

Advent III Worship @ 10:30am  
*Rental—Caron recital (sanc.) @ 1:30pm*  
**Memory Tree Service (lounge) @ 4pm**

#### MONDAY, DECEMBER 16

*Rental—AFG (chapel) @ 7pm*

#### TUESDAY, DECEMBER 17

Bible Study (lounge) @ 9am  
*Rental—Things Meeting (chapel) @ 9am*  
Council Meeting (Chapel) @ 7pm

#### WEDNESDAY, DECEMBER 18

*Rental—RCS (auditorium) @ 7pm*

#### THURSDAY, DECEMBER 19

Basement Bookstore @ 10am – 5pm  
Choir @ 8:30pm

#### SUNDAY, DECEMBER 22

Advent IV Worship @ 10:30am  
*Charmaine student recital (sanc.) @ 1:30pm*

#### MONDAY, DECEMBER 23

*Rental—AFG (chapel) @ 7pm*

#### TUESDAY, DECEMBER 24

**Christmas Eve Services:**  
**Family Service @ 6:30pm**  
**Communion @ 9:15pm**  
**Lessons & Carols @ 10pm**

The **Outreach and Worship groups of St. Andrew's** are selling wreaths and swags this year. All proceeds will be donated to 1Just City's Just a Warm Sleep program. Just a Warm Sleep is an emergency warming centre at Augustine Centre in Oak Table's space. It runs during the coldest months from January 1 to March 31 every night. Purchase Sunday mornings in the Narthex for \$20 each. If you cannot purchase them on Sunday mornings, please email [office@standrewsriverheights.com](mailto:office@standrewsriverheights.com) to place your order ahead of time. We'll let you know when they are ready for pick-up!

**"The Cookie Walk Bake Sale and Boutique"** will take place at St. Andrew's River Heights United Church in the Auditorium on Saturday December 7, 2019 from 9:00 to 11:00am. This sale features fancy, fresh baked Christmas cookies that are delicious and beautiful. Upon arriving at the sale, you will pay for an empty box and will then proceed on the cookie walk through the auditorium choosing your favorites among large trays laden with fancy decorated holiday cookies. When the box is full it will be tied with ribbon and voila - your holiday baking is "in the box". The Boutique will feature beautifully presented cello wrapped gifts of cookies, fudge, and a variety of other items perfect for hostess and teacher gifts, gift draws and stocking stuffers. Prices range from \$2.00 to \$20.00. Everyone welcome!

**Memory Tree:** Be part of the Memory Tree Tradition at St. Andrew's this Advent season. You can purchase as many lights as you like, one light per name, and you can also buy multiple lights for one person. Names of those remembered will be permanently recorded in our Memory Book in the back of the church. Plan to come to a special gathering on December 15, 2019 for an informal reception in the Lounge from 4-5pm. As darkness falls at 5pm, the Memory Tree will be lit up and will stay continuously lit through the Advent and Christmas season until the New Year. This is very heart-warming to all of us who participate and remember, but it also warms the grounds of St. Andrew's and the neighbourhood. Forms are due by **Monday, December 9, 2019** to have the names of your loved ones printed in the 2019 Memory Book. You will find forms in the Narthex, the church office or on our website.



St. Andrew's River Heights United Church | 255 Oak Street, Winnipeg, MB R3M 3P7 | Sunday Services @ 10:30am  
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Office Hours: Monday to Friday from 9:00am to 3:00pm | Follow us on Facebook, Twitter and Instagram!