

# LENT



Sunday, March 10, 2019



Lent is a time of reflection, contemplation and preparation for what is to come. This year we are looking at Lent through the eyes of the Traditional Teachings and the Christian Teachings.

This Lenten season we are reflecting on our covenant relationships with one another as Treaty People- for we are all Treaty People. The Truth and Reconciliation Calls to Action lead us to laments, while the Teachings of the Four Directions give us hope and the lectionary readings guide us in our response to both. It is out of this that our Lenten liturgy and journey begins. Each Sunday our candle lightings will reflect Christian and Traditional Teachings woven together in our Lenten pilgrimage, two paths one journey.

## Our Vision

To live as Christ would have us live, in love, with compassion and seeking justice, by sharing God's grace, learning from scripture, growing through the Spirit and being transformed by faith.

**WASHROOMS:** Wheelchair accessible and gender neutral bathrooms are located outside the lower auditorium. They can be accessed by the stairs in the Narthex or the elevator outside the church office.

## FIND YOUR PLACE

There are many ways to get involved at St. Andrew's. Everyone is welcome so please reach out and step into places that inspire you the most. More details found at <http://standrewsriverheights.com/life-work/church-groups/>.

**AFFIRMING:** Our continuing mandate is to encourage ongoing understanding of what it means to be affirming and to evaluate the programs at St. Andrew's for inclusivity. *Tara - mctara@shaw.ca*

**ANNA BLAIR CIRCLE:** Monthly functions that are social in nature and promote fellowship and camaraderie.

**BIBLE STUDY:** We meet Friday mornings at 9:15am in the Lounge. Drop in anytime! *klumley@standrewsriverheights.com*

**BOOK CLUB:** We are a group of book lovers who meet Wednesday afternoons, every 5-7 weeks. Anyone is welcome! *Ruth - mckenzieqrst@shaw.ca*

**CARING COMMUNITY:** We oversee pastoral care in collaboration with the ministry staff. *Ardelia - abburrow@shaw.ca*

**CENTERING PRAYER:** A form of Christian meditation based on an ancient practice of prayer. Newcomers welcome - 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of the month in the lounge. *clark\_brownlee@mts.net*

**CIRCLE OF CARE:** Lay pastoral care-giving and ministry for all ages and stages of the congregation. *klumley@standrewsriverheights.com*

**GUATEMALA:** Senior youth, ages 14 & older, are eligible for our biennial mission trip to Guatemala. *klumley@standrewsriverheights.com*

**MESSY CHURCH:** Once a month gathering where families can enjoy being together. Crafts, stories and potlucks! *klumley@standrewsriverheights.com*

**OUTREACH:** Social justice in our community and beyond. We meet on an 'as needs basis'. *Nancy - neh@mts.net*

**PRAYER/BAPTISM SHAWLS:** Do you love to knit? If so, we could use your talents.

**SUNDAY SCHOOL:** Teachers are always needed. Contact Karen Lumley to volunteer @ *klumley@standrewsriverheights.com* or 204-488-1130.

**STEWARDSHIP:** Encourage stewardship of time, talents and resources throughout St. Andrew's. *clark\_brownlee@mts.net*

**ST. ANDREW'S MUSIC:** Love to sing or play the handbells? Both choirs meet Thursday evenings and welcome new members! *Choir Director - dmorphy1@mts.net*  
*Handbell Choir - carolynlutes@gmail.com*

**VOLUNTEERS NEEDED:** We are always looking for volunteers to help out with events, fundraising, outreach, Sunday morning coffee & tea, and the Circle of Care interest groups. If you are interested, email the church office at [volunteer@standrewsriverheights.com](mailto:volunteer@standrewsriverheights.com).



**OUR LAND** - We remember, as we celebrate God's presence in Worship that St. Andrew's River Heights United Church gathers in Treaty 1 land, the traditional territory of the Anishinaabe, Cree, Oji-Cree, and Dakota peoples and in the heart of the Metis Nation. As Treaty people, we seek to live with respect on this land, and live in peace and friendship with all our relations.

## ORDER OF SERVICE

*(Join congregational responses in bold print.)*

GATHERING MUSIC

WELCOME & ANNOUNCEMENTS

\*HYMN: **VU114** – Forty Days and Forty Nights (*HEINLEN*)

CENTERING WORDS

PRAYER

LENT & CANDLE LITURGY (VU239)

Reader: Kelvin Koots, Outreach

**Response: O Great Spirit, how I long to hear your name. How I long to see your face.**

**A way to hi ho a way hi ho a way hi hi ho.**

**O Great Spirit, how I long to touch your hands. How I long to see your face.**

**A way hi ho a way hi ho a way hi hi ho.**

*(Children leave for Sunday School)*

SCRIPTURE READING: Luke 4:1-13 — Read by Rita Swan

Into whatever journey lies before us, **lead on, Holy Spirit, lead on.**

ANTHEM: “If We Only Have Love” (*Music by Jacques Brel; Arranged by John Standing*)

If we only have love, then tomorrow will dawn  
And the days of our years will rise on that morn.  
If we only have love, to embrace without fears;  
We will kiss with our eyes, we will sleep without tears.

If we only have love with our arms open wide  
Then the young and the old will stand at our side  
If we only have love, love that's falling like rain  
Then the parched desert earth will grow green again.

If we only have love for the hymn that we shout,  
For the song that we sing then we'll have a way out.  
If we only have love we can reach those in pain.  
We can heal all our wounds,  
we can use our own names.

If we only have love we can melt all the guns,  
And then give the new world  
to our daughters and sons.

If we only have love, then Jerusalem stands,  
And then death has no shadow;  
there are no foreign lands.

If we only have love, we will never bow down;  
We'll be tall as the pines, neither heroes nor clowns.  
If we only have love to be shared now and then,  
And we'll drink from the Grail to be born once again.

Then with nothing at all but the little we are,  
We'll have conquered all time, all space,  
the sun, and the stars.

SERMON

\*HYMN: **VU460** – All Who Hunger (*HOLY MANNA*)

OFFERING/OFFERTORY (*Bagatelle—Beethoven*)

\*OFFERING SUNG RESPONSE (VU116)

**Giver of the perfect gift, only hope of human race, hear the prayer our hearts uplift,  
gathered at thy throne of grace.**

SACRAMENT OF COMMUNION (Communion Setting MV206)

May God be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God most holy. **It is right to give God thanks and praise.**

...So it is that throughout these Lenten days and nights we worship you, and bless your name.

**♪Holy, holy, holy, God of power and might; heaven and earth are full, are full of your glory.**

**Hosanna in the highest. Blessed is the One who comes, who comes in God's name.**

**Hosanna in the highest.**

...By what we do here, we proclaim the mystery of faith:  
♪**Christ has died. Christ is risen. Christ will come again.**

Send, O God, your Holy Spirit upon us and upon these gifts...  
...all glory is yours, God most holy, now and forever.  
♪**Amen, Amen, Amen, Amen!**

## SHARING THE BREAD AND THE CUP

### PRAYER AFTER COMMUNION

**Life-giving God, we give you thanks for the gift of our Saviour's presence  
in the simplicity and splendor of this holy meal.  
Unite us with all who are fed by the life of Christ  
that we may faithfully proclaim the Good News of your love  
and that your church may be a rainbow of hope in an uncertain world;  
through Jesus Christ our Redeemer.**

\*HYMN: **VU108** – Throughout These Lenten Days and Nights (*WINCHESTER NEW*)

### BLESSING

\*BENEDICTION (VU962)

**May the blessing of God go before you. May her grace and peace abound. May her Spirit live  
within you. May her love wrap you 'round. May her blessing remain with you always. May you  
walk on holy ground.**

POSTLUDE (*Pasacaille—G.F. Handel*)

### The Anthem this Week

We offer no apologies for offering a piece of music with which we closed our annual show over the last two days. As we enter the Lenten period, the text provides us with a series of inspiring images of how love can inspire and sustain us through times of conflict, disaster and bigotry. Several of us remember watching a performance of the 1957 show, "Jacques Brel is alive and well and living in Paris" at the Royal Manitoba Theatre Centre in the 1950s, and being profoundly impressed by the power of the texts and the music.

### Announcements

**Study Leave:** Rev. Karen Lumley will be on Study Leave from Monday, March 11 - Sunday, March 17. Rev. Noelle Bowles will be leading worship on Sunday, March 17. If there is an emergency pastoral care need during this time, please contact Rev. Loraine McKenzie Shepherd @204-775-8817 (home) or 204-489-6974 extension 22 (church).

**Basement Bookstore:** Take a break and March into the Basement Bookstore. Enjoy *Hit Parade*, *The Late Show*, *Stranger in Paradise* and then take *The Long Way Home*. Visit *The Postmistress* and *The Piano Teacher* on *Chestnut Street*. Eat *Mangoes and Quince* while admiring *The Ocean at the End of the Lane*. Come and visit the Basement Bookstore any Thursday.

**Bridge Luncheon:** Tickets are now on sale for the Bridge Luncheon on Monday, April 29, 2019 @ 11:45am. \$60 for a table of 4 players. Contact Connie Blamey @ 204-488-8876 for tickets.

**Save the Date!** April 4, 2019 is the Grand Opening at Augustine United Church for Oak Table's new place. More details to come.

Our heartfelt thanks go out to everyone who helped with today's service—we couldn't have pulled it off without you!

Thank you to our candle lighters today, as well as the youth for greeting today.

### ST ANDREW'S CONTACT LIST

Clergy	Rev. Karen Lumley	klumley@standrewsriverheights.com
	Rev. Noelle Bowles	noellebowles@gmail.com
Choir Director	Derek Morphy	dmorphy1@mts.net
Organist	Wes Elias	weselias@mymts.net
Handbells	Carolyn Lutes	carolynlutes@gmail.com
Sunday School	Jan Demeduk	j.demeduk@hotmail.com
Youth/Young Adult Coordinator	Emily Ready	emilyready@standrewsriverheights.com
Council Chair	Anne Grewar	nagrewar@gmail.ca
Treasurer	Bill Craddock	wjcdlc@mymts.net
Church Office	Andrea Moffatt	office@standrewsriverheights.com

**YOUR GIFTS MATTER.**

Get the benefits of a Tax Receipt for your Donation! Let us know who you are and sign up for PAR. Pre-authorized remittances throughout the year make it easy to donate to the United Church.

Donations are always accepted either through your weekly giving envelopes, the weekly worship offering, or can be dropped off at any time through the church office.

Check out our website for more information and forms.



When we give, do we truly give, or do we give expecting something in return?

**SUNDAY, MARCH 10**

Lent I Communion @ 10:30am  
Soup & Sandwich (aud.) @ 11:45am  
*Rental—Barchett (sanctuary) @ 5:30pm*

**MONDAY, MARCH 11**

*Good Evening AFG (lounge) @ 7pm*  
Spirit Path (chapel) @ 6:30pm  
Truth & Reconciliation from 7-9pm  
@ Congregation Etz Chayim

**TUESDAY, MARCH 12**

*Rental—Ren. Voices (sanc.) @ 6pm*  
Centering Prayer (lounge) @ 7pm

**WEDNESDAY, MARCH 13**

*Rental—Golden Chords (aud.) @ 7pm*

**THURSDAY, MARCH 14**

Basement Bookstore @ 10am – 5pm  
♫ Choir (sanctuary) @ 8pm

**FRIDAY, MARCH 15**

Bible Study (lounge) @ 9:15am

**SUNDAY, MARCH 17**

Lent II Worship @ 10:30am

**MONDAY, MARCH 18**

*Good Evening AFG (lounge) @ 7pm*  
Truth & Reconciliation from 7-9pm  
@ Manitoba Buddhist Temple

**TUESDAY, MARCH 19**

*Rental—Ren. Voices (sanc.) @ 6pm*  
Service Team (chapel) @ 7pm

**WEDNESDAY, MARCH 20**

*Rental—Golden Chords (aud.) @ 7pm*

**THURSDAY, MARCH 21**

Karen @ Parkway

Oak St Nursery (aud) 9-3pm  
Basement Bookstore @ 10am – 5pm  
♫ Choir (sanctuary) @ 8pm

**FRIDAY, MARCH 22**

Bible Study (lounge) @ 9:15am

**SUNDAY, MARCH 24**

Lent III Worship @ 10:30am

**MONDAY, MARCH 25**

*Good Evening AFG (lounge) @ 7pm*  
Truth & Reconciliation from 7-9pm  
@ Winnipeg Central Mosque

**TUESDAY, MARCH 26**

*Rental—Ren. Voices (sanc.) @ 6pm*  
Centering Prayer (lounge) @ 7pm

**WEDNESDAY, MARCH 27**

*Rental—Golden Chords (aud.) @ 7pm*

**THURSDAY, MARCH 28**

Oak St Nursery (aud) 9-3pm  
Basement Bookstore @ 10am – 5pm  
♫ Choir (sanctuary) @ 8pm

**FRIDAY, MARCH 29**

Bible Study (lounge) @ 9:15am

**SUNDAY, MARCH 31**

Lent IV Worship @ 10:30am  
*Rental—G&S (sanctuary) @ 2pm*

**MONDAY, APRIL 1**

*Good Evening AFG (lounge) @ 7pm*  
*Rental—G&S (sanctuary) @ 7pm*  
Truth & Reconciliation from 7-9pm  
@ Westworth United Church

**TUESDAY, APRIL 2**

*Rental—Ren. Voices (sanc.) @ 6pm*  
Worship Meeting (chapel) @ 7pm  
P&A Meeting (CE room) @ 7:30pm

**WEDNESDAY, APRIL 3**

*Rental—Golden Chords (aud.) @ 7pm*

**THURSDAY, APRIL 4**

Basement Bookstore @ 10am – 5pm  
♫ Choir (sanctuary) @ 8pm

**FRIDAY, APRIL 5**

Bible Study (lounge) @ 9:15am

**SATURDAY, APRIL 6**

**Wedding (sanctuary) @ 5pm**

**SUNDAY, APRIL 7**

Lent V Worship @ 10:30am  
*Rental—G&S (sanctuary) @ 2pm*

**MONDAY, APRIL 8**

*Good Evening AFG (lounge) @ 7pm*

*Rental—G&S (sanctuary) @ 7pm*

**TUESDAY, APRIL 9**

*Rental—Ren. Voices (sanc.) @ 6pm*  
Centering Prayer (lounge) @ 7pm

**WEDNESDAY, APRIL 10**

*Rental—Golden Chords (aud.) @ 7pm*

**THURSDAY, APRIL 11**

Basement Bookstore @ 10am – 5pm  
♫ Choir (sanctuary) @ 8pm

**FRIDAY, APRIL 12**

Bible Study (lounge) @ 9:15am

**SATURDAY, APRIL 13**

**Save the date—Guatemala Banquet**

**SUNDAY, APRIL 14**

Palm Sunday @ 10:30am  
*Rental—G&S (sanctuary) @ 2pm*

**MONDAY, APRIL 15**

*Good Evening AFG (lounge) @ 7pm*

**TUESDAY, APRIL 16**

*Rental—Ren. Voices (sanc.) @ 6pm*  
Service Team (chapel) @ 7pm

**WEDNESDAY, APRIL 17**

*Rental—Golden Chords (aud.) @ 7pm*

**THURSDAY, APRIL 18**

Basement Bookstore @ 10am – 5pm  
♫ Choir (sanctuary) @ 8pm



**Guatemala Banquet**

Join us on April 13th to celebrate the past, present and future of the Guatemala Mission Experience at St. Andrew's River Heights United Church! Doors will be open at 5:30pm and dinner will start at 6pm with a short program to follow. Tickets are \$15 per ticket and can be purchased Sunday's starting today following worship or thru Eventbrite (<https://www.eventbrite.ca/e/guatemala-banquet-a-celebration-of-the-guatemala-mission-experience-tickets-58124351500>)

